



David Geffen
School of Medicine

Aesthetic Eyelid and Facial Rejuvenation Course 2017

Friday-Saturday • July 21 – 22, 2017

Jules Stein Eye Institute

UCLA Campus



PROGRAM CHAIRMAN

Robert A. Goldberg, MD

COURSE DIRECTORS

Robert A. Goldberg, MD

Daniel Rootman, MD

Norman Shorr, MD

Jonathan A. Hoenig, MD

AXELROD LECTURER

Angelo Tsirbas, MD

Sydney, Australia

LABORATORY DIRECTOR

Daniel Rootman, MD

VIDEO LAB DIRECTOR

Steven Leibowitz, MD



DAVID GEGGEN SCHOOL OF MEDICINE of UCLA

Course Description

This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renowned experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives

At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery, and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.





Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 21, 2017

Jules Stein Eye Institute, CHS 53-129, Dissection Laboratory – 7:30am-4:30pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. We have tried this once before and received rave reviews. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees loved this new educational experience.

SATURDAY, July 22, 2017

Jules Stein Eye Institute, RPB Auditorium – 7:30am-5:00pm

The second day of the course will be didactic covering the nuances of technique that are critical for achieving the elegant results demanded by today’s sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering aesthetic blepharoplasty, endoscopic forehead surgery, face lift surgery, and non-incisional techniques. Course participants

unable to attend the first day of the course are welcome for the second day.



Aesthetic Eyelid and Facial Rejuvenation Course

HANDS-ON DISSECTION WORKSHOP PROGRAM

FRIDAY, July 21, 2017 – 7:30am-4:30pm

UCLA Stein Eye Institute, CHS 53-129, Dissection Laboratory

Also Available: HD Audio Visual Viewing Suite – Steven Leibowitz, MD

7:00am Registration and Breakfast

Blepharoplasty

7:55am Course Introduction – **Robert A. Goldberg, MD**

8:05am Upper Blepharoplasty – **Daniel Rootman, MD**

8:10am Asian Blepharoplasty – **Robert A. Goldberg, MD**

8:30am Hands-On Cadaver Lab: Upper Blepharoplasty Occidental and Asian Blepharoplasty

Ptosis

9:15am Ptosis Anatomy – **Daniel Rootman, MD**

9:25am Ptosis Video – **Wenjing Liu, MD**

9:40am Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

Lower Blepharoplasty

10:30am Lower Blepharoplasty Anatomy – **Deepak Ramesh, MD**

10:45am Lower Blepharoplasty Video: Transconjunctival and Fat Repositioning, Trans-eyelid Midface Approaches – **Christopher Lo, MD**

11:00am Hands-On Cadaver Lab: Lower Blepharoplasty with Variations

12:00pm Lunch Break

Canthoplasty

1:00pm Canthal Anatomy/Small Incision Canthoplasty Video – **Payam Morgan, MD**

1:15pm Hands-On Cadaver Lab: Small Incision Canthoplasty

Endoscopic Brow and Mid-Face Lift

2:00pm Endoscopic Upper and Midface Lift Anatomy/Video – **Tanuj Nakra, MD**

2:30pm Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery

Fat Transfer and Special Procedures

3:30pm Hands-On Cadaver Lab Special Procedures:

Fat Transfer/Cannula **David Isaacs, MD**

Midface Lift **Norman Shorr, MD**

Introduction to Facelift **Tanuj Nakra, MD**

Medial Canthoplasty **Robert A. Goldberg, MD**

4:30pm Adjourn

SYMPOSIUM PROGRAM SCHEDULE

SATURDAY, July 22, 2017– 7:30am-5:00pm

UCLA Stein Eye Institute, RPB Auditorium

7:00am Registration and Breakfast

8:00am Introduction – **Robert A. Goldberg, MD**

8:05am Evaluation of the Aging Face – **Robert A. Goldberg, MD**

Upper Eyelid Blepharoplasty

8:30am My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – **Rona Silkiss, MD**

8:45am Feminine and Masculine: Understanding and Controlling Periorbital Cues to Sexual Identity – **Jonathan Sykes, MD**

9:05am Ethnic Blepharoplasty Considerations – **Robert A. Goldberg, MD**

9:15am Tricks and Tips in Ptosis Surgery – **Dan Rootman, MD**

9:30am Incorporating Anchor and Microblepharoplasty Methods into Your Eyelid Procedures – **Kenneth Steinsapir, MD**

9:40am Lateral Browlift Using Temporal (Pretrichial) Subcutaneous Approach Under Local Anesthesia – **Mehryar Taban, MD**

9:50am Coffee Break and Exhibitors

Lower Blepharoplasty

10:15am Basic Surgical Techniques of Lower Blepharoplasty – **Michael J. Groth, MD**

10:30am Lower Eyelid Rejuvenation Options: From Fillers to Fat Transposition – **Jonathan A. Hoenig, MD**

10:45am Prominent Eye Pearls – **Raymond Douglas, MD**

11:00am The Unhappy Post-Blepharoplasty Patient – **Robert A. Goldberg, MD**

11:20am Questions and Answers

11:30am Introduction of Robert Axelrod, MD Memorial Lecturer – **Norman Shorr, MD**

11:35am Robert Axelrod, MD Memorial Lecture: “Blepharoplasty” – **Angelo Tsirbas, MD**

12:00pm Lunch

Facelift

1:00pm Minimally Invasive Suture Facelifts – **Costas Papageorgiou, MD, FACS**

1:15pm Facelifting Pearls – **Tanuj Nakra, MD**

1:35pm Nuances of the Facelift Incision – **Jonathan Hoenig, MD**

1:55pm New Observations on Facial Aging – **Val Lambros, MD, FACS**

Facial Rejuvenation: Skin Treatments and Injectables

2:20pm Skin Care: Over the Counter and Prescription Products that Work – **Danica Fiaschetti, LVN, COA**

2:30pm New Waves in Skin Rejuvenation – **Gary Lask, MD**

2:50pm Nuances of Facial Filler Injections – **Robert A. Goldberg, MD**

3:10pm Coffee Break

3:30pm Cosmetic Consultations

Live: Botulinum Toxin and Fillers

Live demonstrations of injection techniques at two simultaneous stations, with video feed and commentary.

Moderator: **Cynthia Boxrud, MD**

Faculty Injectors: **Robert A. Goldberg, MD; Cynthia Boxrud, MD; Rona Silkiss, MD; Kenneth D. Steinsapir, MD; Daniel Rootman, MD**

4:15pm M&M from the Fellows Conference: The Worst Complications of the Year, and How They Were Managed – **Christopher Lo, MD, Deepak Ramesh, MD, Hamzeh Mustak, MD**

Faculty Comments and Pearls for Managing Complications – **Norman Shorr, MD; Robert A. Goldberg, MD; Catherine J. Hwang, MD; and Mehryar Taban, MD**

4:30pm Final Question and Answer Session

Course Faculty

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LABORATORY DIRECTOR

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AXELROD LECTURER

Angelo Tsirbas, MD

Sydney, Australia

DISSECTION VIDEO FEED MODERATOR

Steven Leibowitz, MD

GUEST FACULTY

Val Lambros, MD, FACS

Newport Beach, California

Tanuj Nakra, MD

Austin, Texas

Costas Papageorgiou, MD, FACS

London, England

Jonathan Sykes, MD

Sacramento, California

UCLA LABORATORY PRECEPTORS

Henry Baylis, MD

Bruce Becker, MD

Jerome Klein, MD

Joseph Lin, MD

Polly McKinstry, MD

Stan Saulny, MD

Louis Savar, MD

Ronald Strahan, MD

UCLA COURSE FACULTY

Cynthia Boxrud, MD

Raymond Douglas, MD

Danica Fiaschetti, LVN, COA

Michael J. Groth, MD

Catherine J. Hwang, MD

David Isaacs, MD

Gary Lask, MD

Steven Leibowitz, MD

Wenjing Liu, MD

Christopher Lo, MD

Payam Morgan, MD

Hamzeh Mustak, MD

Tanuj Nakra, MD

Deepak Ramesh, MD

Rona Silkiss, MD

Kenneth D. Steinsapir, MD

Mehryar Taban, MD

ACCOMMODATIONS

HILGARD HOUSE:

927 Hilgard Avenue
Los Angeles, California 90024

Within walking distance

Reservations: 310-208-3945

HOTEL ANGELENO:

170 N. Church Lane
Los Angeles, California 90049

Reservations: 310-476-6411

W LOS ANGELES – WESTWOOD HOTEL:

930 Hilgard Avenue
Los Angeles, California 90024

Reservations: 1-800-877-W-HOTELS

WESTWOOD ON WILSHIRE HOTEL:

10740 Wilshire Blvd.
Los Angeles, California 90024

Reservations: 310-475-8711

UCLA TIVERTON HOUSE:

900 Tiverton Avenue
Los Angeles, California 90024

Within walking distance

Reservations: 310-794-0151

LUSKIN CONFERENCE CENTER:

425 Westwood Plaza
Los Angeles, California 90049

Within walking distance

Reservations: (855) 522-8252

DIRECTIONS

Conveniently located within UCLA at the corner of Westwood Boulevard and Le Conte Avenue, the Jules Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available at the Institute for \$12 per day.

FROM THE SAN DIEGO FREEWAY (405)
Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE

Prime Time (800) 262-7433

Skycar (310) 306-3554

Super Shuttle (310) 532-5999

TAXICABS

Beverly Hills Cab Co. (310) 273-6611

Checker Cab Co. (800) 300-5007

United Independent (310) 278-2500

APPLICATION FOR REGISTRATION

Aesthetic Eyelid and Facial Rejuvenation Course 2017 July 21 – 22, 2017

Name _____ Degree _____

Specialty _____

Address _____

City _____ State _____ ZIP _____

Telephone _____ FAX _____

E-Mail _____

Last four digits of Social Security Number: XXX-XX- _____

Registration Fees (Includes continental breakfast, and lunch):

Friday and Saturday – Fresh Cadaver Surgery Procedure Workshop and Didactic Session
\$2250

Friday and Saturday – Moderated High Definition Video Feed of Dissection Lab and Didactic
Session \$895

Saturday Only – Didactic Session \$395

Make Checks payable to: UC REGENTS or pay by credit card:

MasterCard Visa American Express Discover Card

Card Holders Name _____

Card Number _____

Expiration Date _____

Signature _____

Cancellation Policy:

Request for refunds must be received in writing no later than July 1, 2017. A handling fee of \$75 will be deducted from each cancelled registration.

Enrollment:

By Mail: Use this form and mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Fax: Send the completed enrollment form with credit card information and authorizing signature. Fax to (310) 794-2624.

By Phone: Use your Mastercard, VISA, American Express or Discover Card. Call (310) 794-2620

Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu and click on "2017 Aesthetic Eyelid and Facial Rejuvenation"

ACCREDITATION

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

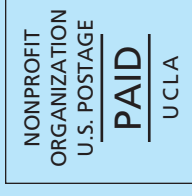
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURES

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.

UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
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Los Angeles, California 90095-6938

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